				VEGETARIAN	VEGAN	DAIRY FREE	GLUTEN FREE	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SULFUR DIOXIDE
		Soup of the day, artisan bread roll, South Downs butter	P	LEA	ASE AS	SK A	MEN	1 <u>BER</u>	OF S	TAFF	FOF	R ALL	ERGE	N IN	NFO	RMA	TION	1		
		Artisan bread roll and South Downs butter	L	✓					✓					✓						
	SS	Chargrilled ciabatta, Marmite butter, rapeseed & pomegranate oil, beetroot hummus	L	✓				$\checkmark$	✓					✓		✓				✓
	STARTERS	Seared scallops, roasted butternut squash puree, bay leaf butter, mustard cress	L				$\checkmark$							✓	✓	✓				
	Ĭ¥	Ricotta & za'atar mushroom tart, kohlrabi remoulade		/					✓		✓			✓		✓			✓	
	S	Smoked duck salad, white radish, radicchio, smoky orange, maple dressing				✓	✓				✓									
		Chilli crab and crayfish ravioli, purple sage butter, sea slaw							✓	✓	✓	✓		✓						
		Chicory, celeriac, pomegranate, walnut & mint salad with Dijon dressing		<b>✓</b>		<b>√</b>	$\checkmark$										✓			$\checkmark$
		Red rice, beetroot, feta and oregano, cavalo nero and sunflower seeds		/			✓	✓						<b>/</b>						
		Park Farm pork & herb sausages, wilted spinach mash, red onion marmalade, red wine jus						✓	✓					<b>√</b>						✓
		Guinea fowl confit, bacon and buttermilk cabbage, sweet potato and rosemary hash					✓	✓						<b>√</b>						
<u>5</u>	<u>s</u>	Homemade TMH beef burger, smoked bacon, cheese, skinny fries, mayo, tomato chutney						✓	✓		✓			<b>√</b>		✓				✓
DINING	MAINS	Fillet of sea bass, sautéed reds, wilted spinach, coconut, ginger and pink peppercorns					✓					<b>√</b>		<b>√</b>						
□	Σ	Bitter beer-battered cod, skinny fries, minted pea purée, charred lemon, lemon-thyme tartare sauce							✓		✓	<b>√</b>		<b>√</b>						
		Vegan roasted red pepper and pumpkin tatin, wilted greens, herbed tahini cream		<b>✓</b>	✓	✓			✓										<b>√</b>	
		Rib eye steak with colcannon cake, Dijon green beans, sauce Diane					✓							<b>√</b>						✓
		N'duja mussels, silver skin onions, fragrant herbed nage with toasted sourdough						$\checkmark$	✓			✓			✓					
		Hedgerow crumble, cobnut, oat & honey crust, brown sugar custard		<b>/</b>					✓		✓			<b>/</b>			✓			
		Pain au chocolat bread and butter pudding with vanilla ice cream		<b>✓</b>					✓		✓			<b>√</b>						
	ڻ ن	Blackberry mousse, apple salad, juniper short bread fingers							✓		✓			<b>√</b>						
		Dark & stormy Jamaican ginger cake, malt milk ice cream		<b>✓</b>					✓		<b>√</b>			<b>√</b>						
	PUDDING	Star anise poached quince, vegan salt caramel ice cream, toasted pistachio nuts		<b>✓</b>		✓	✓										<b>√</b>			
	~	Seasonal ice creams			PI	LEAS	SE AS	KAN	1EME	BER C	F ST	AFF	FOR /	ALLE	RGE	N IN	FOR	MAT	ON	
		Seasonal sorbets			PI	LEAS	SE AS	KAN	1EME	BER C	F ST	AFF	FOR /	LLE	RGEI	N IN	FOR	MAT	ON	
		Local cheeses, buttermilk, wheat and charcoal biscuits, dried apple, celery, sultana & raisin chutney		<b>/</b>				$\checkmark$	$\checkmark$				$\checkmark$	✓						✓

			VEGETARIAN	VEGAN	DAIRY FREE	GLUTEN FREE	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUIS SEASAME SEEDS	SOYA	SULFUR DIOXIDE
		Park Farm pork & herb sausages, wilted spinach mash, red onion marmalade, red wine jus					$\checkmark$	$\checkmark$					✓						✓
	9	Homemade TMH beef burger, smoked bacon, cheese, skinny fries, mayo, tomato chutney					✓	$\checkmark$		$\checkmark$			✓		✓				$\checkmark$
	⋖	TMH fishcake with capers, green leaf salad, chargrilled lemon, lemon-thyme tartare						✓		✓	$\checkmark$		✓						
	GRAB	Bitter beer-battered cod, skinny fries, minted pea purée, charred lemon, lemon-thyme tartare sauce						✓		✓	✓		✓						
	Ū	Halloumi burger, baby gem, field mushroom & chimichurri, skinny fries	✓					$\checkmark$					✓						
BAR		Red rice, beetroot, feta & oregano, cavolo nero & sunflower seeds	✓			✓	$\checkmark$						✓						
/A		Halloumi fries, harissa mayo	<b>√</b>			✓				✓			✓						
	ڻ	Cajun whitebait, lemon thyme tartare				✓				✓	✓		<b>√</b>						
	AZING	TMH olives, pickled onions, gherkins	✓	<b>√</b>	<b>√</b>	✓	✓					<b>√</b>							<b>√</b>
	GRA:	Baby bangers, dijonnaise dip						✓		✓			<b>√</b>		✓				
		Onion bhajis, lime pickle raita	<b>√</b>			<b>√</b>							<b>√</b>		<b>√</b>				
		Moons Green pork twigs, szechwan crème fraiche				<b>√</b>							<b>√</b>						

			VEGETARIAN	VEGAN	DAIRY FREE	GLUTEN FREE	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SEASAME SEEDS	SOYA SULFUR DIOXIDE
		Mini fish & chips, garden peas						<b>√</b>		✓	✓		✓						
	MAINS	Baby bangers, spinach mash, jus					✓	✓					✓						✓
	Σ	Corn chip chicken fingers, fries & green beans						<b>√</b>		✓			<b>√</b>						
KIDS		Cheesy butternut & greens linguini	✓					✓					✓						
☲	U	Mini bread & butter pudding, cream	<b>√</b>					<b>√</b>		✓			✓						
	Ž	Autumn berry & apple crumble, vanilla ice cream	✓					<b>√</b>		✓			<b>√</b>						
	PUDDING	Berry jelly & sprinkles			✓	✓													
	۵	Seasonal ice creams & sorbets			PLEA:	SE AS	K A M	1EMB	BER C	OF ST	AFF	FOR	ALLE	RGE	N IN	IFOR	MAT	ION	
		Smoked mash	<b>√</b>	<b>√</b>	✓	<b>√</b>													
		Bacon and buttermilk cabbage				<b>√</b>							<b>√</b>						
		Nutmeg creamed spinach	<b>√</b>			<b>√</b>							<b>√</b>						
	SIDES	Charred leaves and rapeseed dressing	<b>√</b>	✓	<b>√</b>	<b>√</b>													
	SI	Green beans & hazelnut butter	✓			<b>√</b>							<b>√</b>			✓			
		Skinny fries	✓	✓	✓	✓													
		Chunky chips	✓	✓	✓	✓													
		Sweet potato fries	✓	✓	✓	<b>√</b>													
OTHER		Toast with South Downs butter and preserves	<b>√</b>					<b>√</b>					<b>√</b>						
0		TMH breakfast with Park Farm sausage and bacon, free-range eggs, grilled mushroom, tomato and toast						<b>√</b>		✓			✓						
		Vegetarian breakfast with free-range eggs, sautéed potato, grilled mushroom, tomato, wilted spinach and toast	✓					<b>√</b>		✓			✓						
	FS	Continental breakfast with muesli topped with berry compote, natural yoghurt with croissant, pain au chocolat	✓					<b>√</b>					✓			✓	<b>√</b>		✓
	F.A.	Free-range fried, scrambled or poached eggs on toast	✓		✓			<b>√</b>		✓			✓						
	BREAKFAST	Bacon or sausage bap with red or brown sauce					✓	<b>√</b>					✓						✓
	8	Smashed Avocado on Toast, with poached eggs	✓					<b>√</b>		✓									
		Homemade muesli topped with berry compote and Northiam Dairy natural yoghurt	✓					<b>√</b>					<b>√</b>			✓	<b>√</b>		✓
		Croissants or pain au chocolat with South Downs butter and preserves	✓					✓					✓						
		Fresh fruit salad with Northiam Dairy natural yoghurt	✓			<b>√</b>							✓						

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